

An Online Tool for Showing Kids Their Brilliance



TREEHOUSE

Primary Six

Planning and Preparation Toolkit

Big Up Yourself!



Primary Six

If you want to change your world, then the best place to start is inside your own head.

Resources Required | Paper and pencil

I make full use of and value the opportunities I am given to improve and manage my learning and, in turn, I can help to encourage learning and confidence in others.

HWB 2-11a

Key Themes

- 🌿 Self-belief
- 🌿 Self-improvement
- 🌿 Mindset

Wellbeing Indicator

- 🌿 Healthy
- 🌿 Responsible
- 🌿 Achieving

Meta Skills

SELF-MANAGEMENT:
Manage the now

Focusing

- 🌿 Attention

Initiative

- 🌿 Self-motivation

SOCIAL INTELLIGENCE:
Connect with the world

Collaborating

- 🌿 Relationship Building
- 🌿 Teamworking and Collaboration

Leading

- 🌿 Change Catalyst

INNOVATION:
Create our own change

Sense-making

- 🌿 Holistic Thinking

Creativity

- 🌿 Visualising

Channelling Your Inner Goose

Primary Six

Can we really learn important lessons from Geese? Well, if togetherness, kindness and caring are important, then yes!

Resources Required | Paper and pencil

<p>I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support.</p> <p style="text-align: right;">HWB 2-08a</p>		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none">  Kindness  Mental Health  Wellbeing 	<ul style="list-style-type: none">  Included  Respected  Nurtured 	
Meta Skills		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Initiative</p> <ul style="list-style-type: none">  Self-motivation  Responsibility <p>Adapting</p> <ul style="list-style-type: none">  Openness 	<p>Leading</p> <ul style="list-style-type: none">  Inspiring Others  Motivating Others <p>Feeling</p> <ul style="list-style-type: none">  Social Conscience 	<p>Sense-making</p> <ul style="list-style-type: none">  Holistic Thinking  Opportunity Recognition

Gender and Gender Roles



Primary Six

Explore how gender stereotypes affect our attitudes.

Resources Required | Paper and pencil

<p>As I explore the rights to which others and I are entitled, I am able to exercise these rights appropriately and accept the responsibilities that go with them. I show respect for the rights of others.</p> <p style="text-align: right;">Additional Es & Os: HWB 2-20a, SOC 2-16b HWB 2-09a</p>		
<p>Key Themes</p> <ul style="list-style-type: none"> Women's Rights Gender Equalities 	<p>Wellbeing Indicator</p> <ul style="list-style-type: none"> Respected Included 	
<p>Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none"> Sorting Filtering <p>Adapting</p> <ul style="list-style-type: none"> Openness Critical Reflection 	<p>Communicating</p> <ul style="list-style-type: none"> Listening <p>Feeling</p> <ul style="list-style-type: none"> Social Conscience 	<p>Curiosity</p> <ul style="list-style-type: none"> Problem Recognition Questioning <p>Critical Thinking</p> <ul style="list-style-type: none"> Logical Thinking

Got the giggles



Primary Six

Laughter is such a huge part of our childhood. Sometimes maturing can be confused with laughing less. We're here to put a stop to that!

Resources Required | n/a

I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 2-02a

Key Themes

- Positivity
- Laughter
- Mental Health

Wellbeing Indicator

- Healthy
- Respected
- Responsible

Meta Skills

SELF-MANAGEMENT:
Manage the now

Focusing

- Attention

Integrity

- Self-control

Initiative

- Responsibility

SOCIAL INTELLIGENCE:
Connect with the world

Collaborating

- Teamworking and Collaboration
- Social Perceptiveness

INNOVATION:
Create our own change

Sense-making

- Holistic Thinking
- #### Critical Thinking
- Logical Thinking

Life is Like a Box of Lego



Primary Six

Being the best version of you takes time, energy and effort. And just like LEGO, it can be hard and frustrating BUT it's great fun and the secret is in the building!

Resources Required | Paper and pencil, LEGO if possible too.

<p>I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one, which values individuals equally and is a welcoming place for all.</p> <p style="text-align: right;">HWB 2-10a</p>		
<p>Key Themes</p> <ul style="list-style-type: none">  Creativity  Personal Development  Goal Setting 		<p>Wellbeing Indicator</p> <ul style="list-style-type: none">  Achieving  Respected
<p style="text-align: center;">Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Adapting</p> <ul style="list-style-type: none">  Openness  Critical Reflection 	<p>Collaborating</p> <ul style="list-style-type: none">  Teamworking and Collaboration <p>Leading</p> <ul style="list-style-type: none">  Developing Others 	<p>Curiosity</p> <ul style="list-style-type: none">  Observation <p>Sense-making</p> <ul style="list-style-type: none">  Holistic Thinking

Screenwashed!



Primary Six

It's incredible what we can achieve by switching off our screens and directing our efforts elsewhere!

Resources Required | Paper and pencil

I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my behaviour and the way others behave.

HWB 2-04a

Key Themes

- Time Management
- Social Media
- Wellbeing

Wellbeing Indicator

- Responsible
- Achieving

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

- Self-control

Initiative

- Self-motivation
- Responsibility

SOCIAL INTELLIGENCE:
Connect with the world

Leading

- Change Catalyst

Feeling

- Social Conscience

INNOVATION:
Create our own change

Curiosity

- Problem Recognition

Critical Thinking

- Deconstruction



Primary Six

Superhero capes at the ready! It's time to think about how we can show the world just how super we really are.

Resources Required | Paper and Pencil

Opportunities to carry out different activities and roles in a variety of settings have enabled me to identify my achievements, skills and areas for development. This will help me to prepare for the next stage in my life and learning. HWB 2-19a

Key Themes		Wellbeing Indicator	
<ul style="list-style-type: none">  Identifying & Using Strengths  Identifying & Improving Weakness  Mindset 		<ul style="list-style-type: none">  Achieving  Healthy 	
Meta Skills			
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change	
<p>Integrity</p> <ul style="list-style-type: none">  Self-awareness  Ethics 	<p>Leading</p> <ul style="list-style-type: none">  Change Catalyst <p>Collaborating</p> <ul style="list-style-type: none">  Social Perceptiveness 	<p>Critical Thinking</p> <ul style="list-style-type: none">  Deconstruction  Judgement 	

The Expert's Conference



Primary Six

Some people may call it adaptability. We call it winging it! Today you get to throw caution to the wind and pretend to be the expert in absolutely anything you want to be.

Resources Required | n/a

I make full use of and value the opportunities I am given to improve and manage my learning and, in turn, I can help to encourage learning and confidence in others.

HWB 2-11a

Key Themes		Wellbeing Indicator	
<ul style="list-style-type: none">  Creativity  Adaptability  Improvisation 		<ul style="list-style-type: none">  Healthy  Achieving 	
Meta Skills			
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change	
<p>Adapting</p> <ul style="list-style-type: none">  Adaptability  Resilience <p>Initiative</p> <ul style="list-style-type: none">  Self-motivation 	<p>Communicating</p> <ul style="list-style-type: none">  Giving Information  Storytelling 	<p>Curiosity</p> <ul style="list-style-type: none">  Questioning <p>Creativity</p> <ul style="list-style-type: none">  Imagination  Idea Generation 	

Visualise Victory!



Primary Six

Everything first starts off as an idea before it becomes real. Time to learn a success habit that the best in the world use to keep them on track in overcoming their fears and reaching their goals. You can do the same!

Resources Required | Paper and pencil

Through contributing my views, time and talents, I play a part in bringing about positive change to my school and wider community.		
HWB 2-13a		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none">🌿 Confidence🌿 Visualisation🌿 Wellbeing	<ul style="list-style-type: none">🌿 Healthy🌿 Achieving	
Meta Skills		
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change
<p>Integrity</p> <ul style="list-style-type: none">🌿 Self-awareness <p>Initiative</p> <ul style="list-style-type: none">🌿 Courage🌿 Self-belief🌿 Self-motivation	<p>Communicating</p> <ul style="list-style-type: none">🌿 Storytelling <p>Leading</p> <ul style="list-style-type: none">🌿 Change Catalyst	<p>Creativity</p> <ul style="list-style-type: none">🌿 Idea Generation🌿 Visualising

What Does LGBT Mean?



Primary Six

An explanation of what LGBT means and a brief history of LGBT rights in the UK.

Resources Required | n/a

I understand that a wide range of different kinds of friendships and relationships exists.

Additional Es & Os: HWB 2-45a, SOC 2-16a, SOC 2-16b, SOC 2-16c

HWB 2-44a

Key Themes

-  LGBT
-  Equality
-  Rights

Wellbeing Indicator

-  Respected
-  Included
-  Safe

Meta Skills

SELF-MANAGEMENT:
Manage the now

Focusing

-  Attention
-  Filtering

Integrity

-  Self-awareness
-  Ethics

SOCIAL INTELLIGENCE:
Connect with the world

Feeling

-  Social Conscience

Collaborating

-  Relationship Building
-  Teamworking and Collaboration

INNOVATION:
Create our own change

Curiosity

-  Questioning

Sense-making

-  Holistic Thinking

What is Racism?



Primary Six

This is the first of two Primary School modules looking at Racism. This lesson explores the meaning of racism as well as discussing how we can be more inclusive in our school.

Resources Required | n/a

I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.

Additional Es & Os: HWB 2-08a, SOC 2-06a

HWB 2-05a

Key Themes

- Racism
- Equality
- Inclusivity

Wellbeing Indicator

- Included
- Respected
- Safe

Meta Skills

SELF-MANAGEMENT:
Manage the now

Focusing

- Attention
- Filtering

SOCIAL INTELLIGENCE:
Connect with the world

Feeling

- Social Conscience

Leading

- Influence

INNOVATION:
Create our own change

Critical Thinking

- Logical Thinking

Who Are You Being While You're Doing What You're Doing?



Primary Six

Our heroes all started out somewhere and they were all kids once themselves. But just how did they achieve success? Was it luck or was there more to it?

Resources Required | Paper and pencil

I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one, which values individuals equally and is a welcoming place for all.

HWB 2-10a

Key Themes

-  Growth Mindset
-  Effort
-  Goal Setting

Wellbeing Indicator

-  Achieving
-  Responsible

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

-  Self-awareness
-  Ethics

Initiative

-  Enterprising

SOCIAL INTELLIGENCE:
Connect with the world

Leading

-  Inspiring Others
-  Change Catalyst

INNOVATION:
Create our own change

Sense-making

-  Opportunity Recognition

Creativity

-  Maker Mentality

You've Got Skills!!!



Primary Six

Two words: continuous improvement. Let's be better than we were yesterday.

Resources Required | Paper

I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one, which values individuals equally and is a welcoming place for all.

HWB 2-10a

Key Themes

- Transferable Skills
- Goal Setting
- Mindset

Wellbeing Indicator

- Achieving

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

- Self-awareness

Adapting

- Critical Reflection
- Adaptability

SOCIAL INTELLIGENCE:
Connect with the world

Collaborating

- Teamworking and Collaboration
- Social Perceptiveness

INNOVATION:
Create our own change

Sense-making

- Holistic Thinking
- Analysis



full tool kit

COMING SOON

treeof.com