

An Online Tool for Showing Kids Their Brilliance



# TREEHOUSE

**Primary Seven**

Planning and Preparation Toolkit

# Asylum Seekers and Refugees



## Primary Seven

Explore why people come to the UK and what it means to be a refugee or asylum seeker.

Resources Required | Writing Materials

<p><b>As I explore the rights to which others and I are entitled, I am able to exercise these rights appropriately and accept the responsibilities that go with them. I show respect for the rights of others.</b></p> <p style="text-align: right;">Additional Es &amp; Os: HWB 2-07a, SOC 2-16b      HWB 2-09a</p>		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none"> <li> Racism</li> <li> Empathy</li> <li> Rights</li> </ul>	<ul style="list-style-type: none"> <li> Included</li> <li> Respected</li> <li> Responsible</li> </ul>	
Meta Skills		
<p><b>SELF-MANAGEMENT:</b> Manage the now</p>	<p><b>SOCIAL INTELLIGENCE:</b> Connect with the world</p>	<p><b>INNOVATION:</b> Create our own change</p>
<p><b>Focusing</b></p> <ul style="list-style-type: none"> <li> Attention</li> </ul> <p><b>Initiative</b></p> <ul style="list-style-type: none"> <li> Responsibility</li> </ul>	<p><b>Communicating</b></p> <ul style="list-style-type: none"> <li> Receiving Information</li> </ul> <p><b>Feeling</b></p> <ul style="list-style-type: none"> <li> Social Conscience</li> </ul>	<p><b>Curiosity</b></p> <ul style="list-style-type: none"> <li> Information-sourcing</li> </ul> <p><b>Creativity</b></p> <ul style="list-style-type: none"> <li> Maker Mentality</li> </ul>













# Buddy or Bully?



## Primary Seven

One of the biggest fears about moving schools can be making new friends and getting to know new people. Let's explore how we can build relationships.

Resources Required | Writing Materials

I value the opportunities I am given to make friends and be part of a group in a range of situations.		
		HWB 2-14a
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none"> <li> Relationships</li> <li> Transition</li> <li> Friendship</li> </ul>	<ul style="list-style-type: none"> <li> Included</li> <li> Respected</li> <li> Responsible</li> </ul>	
Meta Skills		
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change
<p><b>Integrity</b></p> <ul style="list-style-type: none"> <li> Self-awareness</li> </ul> <p><b>Initiative</b></p> <ul style="list-style-type: none"> <li> Self-belief</li> </ul>	<p><b>Collaborating</b></p> <ul style="list-style-type: none"> <li> Social Perceptiveness</li> <li> Cultural Competence</li> </ul>	<p><b>Sense-making</b></p> <ul style="list-style-type: none"> <li> Holistic Thinking</li> </ul> <p><b>Critical Thinking</b></p> <ul style="list-style-type: none"> <li> Logical Thinking</li> </ul>

# Helping others with Anxiety



## Primary Seven

*Anxiety is becoming more and more common among young people. Whilst that makes it more important to learn our own coping strategies, we also need to learn how to support others.*

Resources Required | n/a

<p><b>I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.</b></p> <p style="text-align: right;">HWB 2-02a</p>		
<p><b>Key Themes</b></p> <ul style="list-style-type: none"> <li> Emotional Intelligence</li> <li> Relationships</li> <li> Wellbeing</li> </ul>		<p><b>Wellbeing Indicator</b></p> <ul style="list-style-type: none"> <li> Respected</li> <li> Healthy</li> <li> Nurtured</li> </ul>
<p style="text-align: center;"><b>Meta Skills</b></p>		
<p><b>SELF-MANAGEMENT:</b> Manage the now</p>	<p><b>SOCIAL INTELLIGENCE:</b> Connect with the world</p>	<p><b>INNOVATION:</b> Create our own change</p>
<p><b>Initiative</b></p> <ul style="list-style-type: none"> <li> Courage</li> <li> Self-belief</li> </ul> <p><b>Integrity</b></p> <ul style="list-style-type: none"> <li> Resilience</li> </ul>	<p><b>Feeling</b></p> <ul style="list-style-type: none"> <li> Empathy</li> <li> Social Conscience</li> </ul>	<p><b>Sense-making</b></p> <ul style="list-style-type: none"> <li> Holistic Thinking</li> </ul> <p><b>Critical Thinking</b></p> <ul style="list-style-type: none"> <li> Logical Thinking</li> </ul>














# How do you Follow That?



## Primary Seven

*Success leaves clues! Why stare at a blank page when someone already drew a map? Often we think we need to come up with all the ideas and figure out how to get where we want to go on our own. That's pretty scary and can leave us feeling too overwhelmed to even try! But here's a secret: all you need to do is follow the leader! Let's become today's Sherlock Holmes and find the trail that led to our hero's success!!*

Resources Required | Writing Materials

<b>Representing my class, school and/or wider community encourages my self worth and confidence and allows me to contribute to and participate in society.</b>		
HWB 2-12a		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none"> <li> Leadership</li> <li> Followership</li> <li> Success</li> </ul>	<ul style="list-style-type: none"> <li> Respected</li> <li> Achieving</li> </ul>	
Meta Skills		
<b>SELF-MANAGEMENT:</b> Manage the now	<b>SOCIAL INTELLIGENCE:</b> Connect with the world	<b>INNOVATION:</b> Create our own change
<b>Initiative</b> <ul style="list-style-type: none"> <li> Risk-taking</li> <li> Self-belief</li> <li> Self-motivation</li> </ul>	<b>Collaborating</b> <ul style="list-style-type: none"> <li> Relationship Building</li> </ul> <b>Leading</b> <ul style="list-style-type: none"> <li> Influence</li> </ul>	<b>Curiosity</b> <ul style="list-style-type: none"> <li> Observation</li> <li> Questioning</li> </ul> <b>Creativity</b> <ul style="list-style-type: none"> <li> Idea Generation</li> </ul>













# How to be a Brilliant Radiator



## Primary Seven

*Being an awesome human isn't always easy but you'll know lots of them. It's important to remind people that they are special to us and that they really do make a difference.*

Resources Required | Writing Materials

<p><b>I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support.</b></p> <p style="text-align: right;">HWB 2-08a</p>		
<p><b>Key Themes</b></p> <ul style="list-style-type: none"> <li> Happiness</li> <li> Positivity</li> <li> Mindset</li> </ul>	<p><b>Wellbeing Indicator</b></p> <ul style="list-style-type: none"> <li> Healthy</li> <li> Respected</li> </ul>	
<p style="text-align: center;"><b>Meta Skills</b></p>		
<p><b>SELF-MANAGEMENT:</b> Manage the now</p>	<p><b>SOCIAL INTELLIGENCE:</b> Connect with the world</p>	<p><b>INNOVATION:</b> Create our own change</p>
<p><b>Integrity</b></p> <ul style="list-style-type: none"> <li> Self-awareness</li> </ul> <p><b>Initiative</b></p> <ul style="list-style-type: none"> <li> Courage</li> <li> Risk-taking</li> </ul>	<p><b>Communicating</b></p> <ul style="list-style-type: none"> <li> Giving Information</li> </ul> <p><b>Leading</b></p> <ul style="list-style-type: none"> <li> Inspiring Others</li> </ul>	<p><b>Curiosity</b></p> <ul style="list-style-type: none"> <li> Observation</li> </ul> <p><b>Sense-making</b></p> <ul style="list-style-type: none"> <li> Holistic Thinking</li> </ul>

# LGBT and Inclusivity



## Primary Seven

*What does being inclusive mean and why it's important for LGBT people?*

Resources Required | n/a

**I understand that a wide range of different kinds of friendships and relationships exists.**

Additional Es & Os: HWB 2-45a, SOC 2-16c, SOC 2-17a

HWB 2-44a

### Key Themes

-  LGBT
-  Rights
-  Equality


### Wellbeing Indicator

-  Included
-  Respected
-  Safe


### Meta Skills

**SELF-MANAGEMENT:**  
Manage the now


#### Integrity

-  Ethics

#### Focusing



-  Attention
-  Filtering

#### Adapting



-  Openness

**SOCIAL INTELLIGENCE:**  
Connect with the world

#### Collaborating


-  Social Perceptiveness
-  Teamworking and Collaboration

#### Feeling



-  Social Conscience
-  Empathy

**INNOVATION:**  
Create our own change

#### Critical Thinking

-  Judgement

#### Curiosity

-  Questioning
-  Problem Recognition

# Me, Myself and I



## Primary Seven

*When met with a challenge, it is YOU that has to face it. Learning how we can program ourselves to deliver our best performance is an invaluable skill.*

Resources Required | n/a

Representing my class, school and/or wider community encourages my self worth and confidence and allows me to contribute to and participate in society.		
HWB 2-12a		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none"><li>🌿 Effort</li><li>🌿 Teamwork</li><li>🌿 Goal Setting</li></ul>	<ul style="list-style-type: none"><li>🌿 Achieving</li><li>🌿 Responsible</li></ul>	
Meta Skills		
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change
<p><b>Integrity</b></p> <ul style="list-style-type: none"><li>🌿 Self-awareness</li><li>🌿 Ethics</li></ul> <p><b>Initiative</b></p> <ul style="list-style-type: none"><li>🌿 Self-belief</li></ul>	<p><b>Leading</b></p> <ul style="list-style-type: none"><li>🌿 Change Catalyst</li></ul> <p><b>Feeling</b></p> <ul style="list-style-type: none"><li>🌿 Social Conscience</li></ul>	<p><b>Sense-making</b></p> <ul style="list-style-type: none"><li>🌿 Holistic Thinking</li><li>🌿 Opportunity Recognition</li></ul>



# Scream If You Want To Go Faster!



## Primary Seven

*It can be easy to let our minds drift to the future or dwell on the past. It's time to start focussing on the present!*

Resources Required | Writing Materials

I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 2-02a

### Key Themes

- Positivity
- Change
- Resilience

### Wellbeing Indicator

- Responsible
- Achieving
- Healthy

### Meta Skills

**SELF-MANAGEMENT:**  
Manage the now

#### Integrity

- Self-control

#### Adapting

- Openness

**SOCIAL INTELLIGENCE:**  
Connect with the world

#### Collaborating

- Social Perceptiveness
- Cultural Competence

**INNOVATION:**  
Create our own change

#### Sense-making

- Opportunity Recognition




















## Primary Seven

*Understand what sexism is and how to identify it.*

Resources Required | Large paper to write on in groups(A3 or larger)

**As I explore the rights to which others and I are entitled, I am able to exercise these rights appropriately and accept the responsibilities that go with them. I show respect for the rights of others.**

Additional Es & Os: HWB 2-02a, HWB 2-08a, SOC 2-16b HWB 2-09a

Key Themes		Wellbeing Indicator	
<ul style="list-style-type: none"> <li> Women's Rights</li> <li> Gender Equality</li> <li> Sexism</li> </ul>	<ul style="list-style-type: none"> <li> Respected</li> <li> Included</li> <li> Responsible</li> </ul>		
Meta Skills			
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change	
<p><b>Focusing</b></p> <ul style="list-style-type: none"> <li> Attention</li> </ul> <p><b>Integrity</b></p> <ul style="list-style-type: none"> <li> Ethics</li> </ul> <p><b>Adapting</b></p> <ul style="list-style-type: none"> <li> Critical Reflection</li> <li> Openness</li> </ul>	<p><b>Collaborating</b></p> <ul style="list-style-type: none"> <li> Social Perceptiveness</li> <li> Teamworking and Collaboration</li> <li> Relationship Building</li> </ul> <p><b>Feeling</b></p> <ul style="list-style-type: none"> <li> Social Conscience</li> </ul>	<p><b>Critical Thinking</b></p> <ul style="list-style-type: none"> <li> Judgement</li> <li> Logical Thinking</li> </ul> <p><b>Curiosity</b></p> <ul style="list-style-type: none"> <li> Questioning</li> </ul>	

# The Good, The Bad, and the WHAT?!



## Primary Seven




*Asking for advice can be difficult but getting help is all about being responsible, to yourself. In this module pupils are asked to use improvisation skills while looking at a problem from different angles and adding an imaginative twist to the solutions.*

Resources Required | Writing Materials and an envelope or shoebox



**I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to help me and others in a range of circumstances.**

HWB 2-03a

### Key Themes

-  Creativity
-  Communication
-  Courage

### Wellbeing Indicator

-  Responsible
-  Included


### Meta Skills

**SELF-MANAGEMENT:**  
Manage the now

#### Integrity




-  Ethics

#### Adapting

-  Openness



**SOCIAL INTELLIGENCE:**  
Connect with the world

#### Leading


-  Influence
-  Motivating Others
-  Developing Others

**INNOVATION:**  
Create our own change

#### Curiosity

-  Information-sourcing
-  Observation

#### Creativity

-  Idea Generation

# The Story of Your Life



## Primary Seven



*We are all writing our own story every single day. As the author you get to create it and shape it however you want!*

Resources Required | Writing Materials


**I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one, which values individuals equally and is a welcoming place for all.**

HWB 2-10a

### Key Themes

-  Happiness
-  Wellbeing
-  Confidence


### Wellbeing Indicator

-  Achieving
-  Healthy
-  Responsible


### Meta Skills

**SELF-MANAGEMENT:**  
Manage the now

#### Integrity



-  Self-awareness

#### Adapting

-  Critical Reflection



**SOCIAL INTELLIGENCE:**  
Connect with the world

#### Communicating

-  Giving Information
-  Storytelling

**INNOVATION:**  
Create our own change

#### Creativity

-  Imagination
-  Visualising

# Thiis Much Excited!!



## Primary Seven




*Sometimes we just need to stop, appreciate all the awesome things we have around us and realise that many aspects of life are incredible.*

Resources Required | Writing Materials



I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 2-02a

### Key Themes

-  Mindset
-  Gratitude
-  Happiness



### Wellbeing Indicator

-  Healthy
-  Responsible

### Meta Skills



**SELF-MANAGEMENT:**  
Manage the now

#### Integrity

-  Self-motivation
-  Enterprising


**SOCIAL INTELLIGENCE:**  
Connect with the world

#### Collaborating


-  Social Perceptiveness
-  Relationship Building

**INNOVATION:**  
Create our own change

#### Sense-making

-  Holistic Thinking

#### Curiosity

-  Observation












# When no-one is watching...



## Primary Seven

*How do you act when no-one is watching?*

Resources Required | n/a

<p style="text-align: center;"><b>Through contributing my views, time and talents, I play a part in bringing about positive change to my school and wider community.</b></p> <p style="text-align: right;">HWB 2-13a</p>		
<b>Key Themes</b>		<b>Wellbeing Indicator</b>
<ul style="list-style-type: none"> <li> Integrity</li> <li> Morality</li> <li> Values</li> </ul>		<ul style="list-style-type: none"> <li> Respected</li> <li> Responsible</li> </ul>
<b>Meta Skills</b>		
<p><b>SELF-MANAGEMENT:</b> Manage the now</p>	<p><b>SOCIAL INTELLIGENCE:</b> Connect with the world</p>	<p><b>INNOVATION:</b> Create our own change</p>
<p><b>Integrity</b></p> <ul style="list-style-type: none"> <li> Self-awareness</li> <li> Ethics</li> </ul>	<p><b>Feeling</b></p> <ul style="list-style-type: none"> <li> Empathy</li> <li> Social Conscience</li> </ul>	<p><b>Sense-making</b></p> <ul style="list-style-type: none"> <li> Holistic Thinking</li> </ul> <p><b>Critical Thinking</b></p> <ul style="list-style-type: none"> <li> Logical Thinking</li> </ul>



full tool kit

COMING SOON

[treeof.com](http://treeof.com)