

An Online Tool for Showing Kids Their Brilliance



TREEHOUSE

Primary One

Planning and Preparation Toolkit















Big Dreamers



Primary One

By inspiring children with the story of Mae Jemison, the first African-American female astronaut, the module looks to encourage children to come up with bold dreams for their own happiness.

Resources Required | Junk modelling resources to allow children to build their own rocket. Plus glue, scissors and tape.

<p>I am aware of my own and others' needs and feelings, especially when taking turns and sharing resources. I recognise the need to follow rules.</p> <p style="text-align: right;">HWB 0-23a</p>		
<p>Key Themes</p>	<p>Wellbeing Indicator</p>	
<ul style="list-style-type: none">  Mindset  Confidence  Choices 	<ul style="list-style-type: none">  Achieving  Included 	
<p style="text-align: center;">Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Adapting</p> <ul style="list-style-type: none">  Openness  Self-Learning <p>Initiative</p> <ul style="list-style-type: none">  Independent Thinking  Self-motivation 	<p>Communicating</p> <ul style="list-style-type: none">  Receiving Information  Storytelling 	<p>Creativity</p> <ul style="list-style-type: none">  Imagination  Idea Generation  Maker Mentality

Cha Cha the Chameleon



Primary One



Cha Cha likes to blend in, sometime she blends in too much. Can you help her true colours shine through?

Resources Required | Art materials to create a picture i.e colouring pens, pencils, paint



I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 0-02a

Key Themes

-  Stress
-  Anxiety


Wellbeing Indicator

-  Included
-  Respected


Meta Skills

SELF-MANAGEMENT:
Manage the now

Adapting


-  Resilience

Initiative


-  Courage

SOCIAL INTELLIGENCE:
Connect with the world

Communicating


-  Giving Information

Leading

-  Motivating Others

INNOVATION:
Create our own change

Critical Thinking

-  Deconstruction

Freddy the Feelings Fairy



Primary One

Meet Freddy the Feelings Fairy as he learns how to recognise and handle his emotions.

Resources Required | Art materials to create a picture i.e colouring pens, pencils, paint

I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my behaviour and the way others behave.

HWB 0-04a

Key Themes

- 🌿 Emotional Intelligence
- 🌿 Communication
- 🌿 Confidence

Wellbeing Indicator

- 🌿 Achieving
- 🌿 Respected
- 🌿 Safe

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

- 🌿 Self-awareness
- 🌿 Self-control

Adapting

- 🌿 Adaptability

SOCIAL INTELLIGENCE:
Connect with the world

Feeling

- 🌿 Empathy

INNOVATION:
Create our own change

Curiosity

- 🌿 Observation

Creativity

- 🌿 Imagination

Gemima the Guinea Pig and the Big Wave



Primary One

Meet Gemima the swimming guinea pig as she faces her fears.

Resources Required | n/a

<p>I am learning skills and strategies, which will support me in challenging times, particularly in relations to change and loss.</p> <p style="text-align: right;">HWB 0-07a</p>		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none"> Bravery Perseverance Managing Fear 	<ul style="list-style-type: none"> Respected Responsible Achieving 	
Meta Skills		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Integrity</p> <ul style="list-style-type: none"> Self-awareness <p>Adapting</p> <ul style="list-style-type: none"> Critical Reflection <p>Initiative</p> <ul style="list-style-type: none"> Courage 	<p>Collaborating</p> <ul style="list-style-type: none"> Teamworking and Collaboration 	<p>Curiosity</p> <ul style="list-style-type: none"> Questioning Problem Recognition <p>Creativity</p> <ul style="list-style-type: none"> Logical Thinking



Primary One



Harris is having a tough time because a cat in his club is not letting him play with his favourite toy.

Resources Required | n/a



I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.

HWB 0-05a

Key Themes

-  Respect
-  Confidence



Wellbeing Indicator

-  Respected
-  Responsible

Meta Skills



SELF-MANAGEMENT:
Manage the now

Adapting


-  Sorting
-  Resilience

SOCIAL INTELLIGENCE:
Connect with the world

Collaborating


-  Relationship Building
-  Receiving Information

Leading


-  Influence

INNOVATION:
Create our own change

Creativity

-  Imagination

Critical Thinking

-  Logical Thinking

Horace Pierre the Guitar Playing Donkey



Primary One




Horace Pierre is having a crisis of confidence and would benefit from a lift and kind words from others.

Resources Required | n/a

I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support.

HWB 0-08a

Key Themes

-  Helping Others
-  Emotional Intelligence
-  Communication


Wellbeing Indicator

-  Respected
-  Achieving
-  Nurtured

Meta Skills



SELF-MANAGEMENT:
Manage the now

Adapting

-  Openness



SOCIAL INTELLIGENCE:
Connect with the world

Feeling

-  Empathy
-  Social Conscience

INNOVATION:
Create our own change

Creativity

-  Imagination
-  Idea Generation

I've Got This



Primary One

Slow and steady wins the race. Resilience is all about trying your best, coping with change and thinking before you react. Let's explore!

Resources Required | n/a

<p>I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.</p> <p style="text-align: right;">HWB 0-02a</p>		
<p>Key Themes</p> <ul style="list-style-type: none"> Resilience Mindfulness Wellbeing 	<p>Wellbeing Indicator</p> <ul style="list-style-type: none"> Nurtured Safe Achieving 	
<p style="text-align: center;">Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none"> Filtering <p>Integrity</p> <ul style="list-style-type: none"> Self-awareness 	<p>Communicating</p> <ul style="list-style-type: none"> Receiving Information 	<p>Curiosity</p> <ul style="list-style-type: none"> Problem Recognition <p>Sense-making</p> <ul style="list-style-type: none"> Holistic Thinking











Moff the cheery Chinchilla



Primary One

Moff, who is usually very cheerful is feeling down. Can you help cheer him up?

Resources Required | n/a

I am aware of and able to express my feelings and am developing the ability to talk about them.		
		HWB 0-01a
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none">  Emotional Intelligence  Confidence  Communication 	<ul style="list-style-type: none">  Included  Respected 	
Meta Skills		
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change
Adapting <ul style="list-style-type: none">  Resilience 	Feeling <ul style="list-style-type: none">  Empathy  Social Conscience 	Creativity <ul style="list-style-type: none">  Imagination  Idea Generation

People Who Help



Primary One




Sometimes pupils need someone in school to help them out, someone to talk to. But if you are new to a school, it can sometimes be tricky to work out who they are.

Resources Required | n/a



I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to help me and others in a range of circumstances.

HWB 0-03a

Key Themes

-  Friendship
-  Support
-  School Community



Wellbeing Indicator

-  Safe
-  Responsible


Meta Skills

SELF-MANAGEMENT:
Manage the now

Focusing



-  Sorting
-  Attention

Initiative


-  Decision-making

SOCIAL INTELLIGENCE:
Connect with the world

Communicating


-  Listening
-  Giving Information

Collaborating


-  Teamworking and Collaboration

INNOVATION:
Create our own change

Sense-making

-  Holistic Thinking

Critical Thinking

-  Judgement

Push the Button!



Primary One




We are surrounded by all sorts of incredible inventions. Sometimes we have ideas that could make them even better. Time to do some inventing of our own and bring some excitement to the everyday.

Resources Required | n/a


In everyday activity and play, I explore and make choices to develop my learning and interests. I am encouraged to use and share my experiences.

HWB 0-19a

Key Themes

-  Creativity
-  Problem Solving
-  Confidence


Wellbeing Indicator

-  Active



Meta Skills

SELF-MANAGEMENT:
Manage the now

Adapting



-  Openness

Initiative

-  Independent Thinking
-  Enterprising



SOCIAL INTELLIGENCE:
Connect with the world

Communicating

-  Receiving Information
-  Listening

INNOVATION:
Create our own change

Creativity

-  Imagination
-  Idea Generation












That's My Chair



Primary One

What can you do when more than one person wants the same toy, or to sit in the same place? Maybe it is time to learn about compromising.

Resources Required | n/a

<p>I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my behaviour and the way others behave.</p> <p style="text-align: right;">HWB 0-04a</p>		
<p>Key Themes</p> <ul style="list-style-type: none">  Compromise  Friendship  Sharing 		<p>Wellbeing Indicator</p> <ul style="list-style-type: none">  Respected  Responsible
<p style="text-align: center;">Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none">  Attention <p>Integrity</p> <ul style="list-style-type: none">  Self-control <p>Adapting</p> <ul style="list-style-type: none">  Resilience 	<p>Feeling</p> <ul style="list-style-type: none">  Empathy <p>Collaborating</p> <ul style="list-style-type: none">  Relationship Building 	<p>Critical Thinking</p> <ul style="list-style-type: none">  Judgement

The Magic Breathing Balloon



Primary One




Breathing is awesome. When you find yourself OUT OF CONTROL and your body is going C-R-A-Z-Y... the magic breathing balloon really can help you feel much better!

Resources Required | Paper, pencils and colouring pens/pencils.



I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 0-02a

Key Themes

-  Wellbeing
-  Mindfulness
-  Happiness



Wellbeing Indicator

-  Safe
-  Nurtured
-  Healthy

Meta Skills

SELF-MANAGEMENT:
Manage the now

Focusing


-  Attention
-  Filtering

Integrity

-  Self-control



SOCIAL INTELLIGENCE:
Connect with the world

Communicating



-  Receiving Information

INNOVATION:
Create our own change

Curiosity

-  Observation
-  Observation

Creativity

-  Holistic Thinking
- Creativity**
-  Deconstruction
















When I Grow Up



Primary One

What jobs would you like to do when you are older? Have a think about all the great and exciting opportunities for us all!

Resources Required | n/a

I can describe some of the kinds of work that people do and I am finding out about the wider world of work.		
HWB 0-20a		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none">  Ambition  Creativity  Future 	<ul style="list-style-type: none">  Achieving  Respected 	
Meta Skills		
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change
<p>Focusing</p> <ul style="list-style-type: none">  Sorting  Attention <p>Adapting</p> <ul style="list-style-type: none">  Openness <p>Initiative</p> <ul style="list-style-type: none">  Courage 	<p>Communicating</p> <ul style="list-style-type: none">  Giving Information  Receiving Information 	<p>Creativity</p> <ul style="list-style-type: none">  Imagination  Idea Generation <p>Sense-making</p> <ul style="list-style-type: none">  Opportunity  Recognition



full tool kit

COMING SOON

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