

An Online Tool for Showing Kids Their Brilliance



TREEHOUSE

Nursery Lessons

Planning and Preparation Toolkit

And the Oscar Goes to...



Nursery Lessons

Discover all the awesome things you and your class have been up to!

Resources Required | Lego, play dough or junk modelling materials that can be used to make a trophy

Through contributing my views, time and talents, I play a part in bringing about positive change in my school and wider community.

HWB 0-13a

Key Themes

- Strengths
- Confidence
- Kindness

Wellbeing Indicator

- Included
- Respected

Meta Skills

SELF-MANAGEMENT:
Manage the now

Initiative

- Decision-making

SOCIAL INTELLIGENCE:
Connect with the world

Leading

- Inspiring Others

INNOVATION:
Create our own change

Curiosity

- Observation

Creativity

- Visualising

Critical Thinking

- Judgement

Face Playdough



Nursery Lessons



Explore the range of emotions we experience and how we express them.

Resources Required | n/a


I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 0-02a

Key Themes

-  Emotional Intelligence
-  Communication



Wellbeing Indicator

-  Nurtured

Meta Skills


SELF-MANAGEMENT:
Manage the now

Integrity


-  Self-awareness
-  Self-control

SOCIAL INTELLIGENCE:
Connect with the world

Feeling


-  Empathy

Collaborating


-  Social Perceptiveness

INNOVATION:
Create our own change

Curiosity

-  Observation

Creativity

-  Visualising

Feelings Freeze



Nursery Lessons

Recognise and explore the emotions you all feel.

Resources Required | n/a

I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support

HWB 0-08a

Key Themes

- Helping Others
- Emotional Intelligence
- Communication

Wellbeing Indicator

- Active
- Respected
- Nurtured

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

- Self-awareness
- Self-control

SOCIAL INTELLIGENCE:
Connect with the world

Feeling

- Empathy

Collaborating

- Social Perceptiveness

INNOVATION:
Create our own change

Curiosity

- Observation

Critical Thinking

- Judgement

Follow the Leader



Nursery Lessons



Take the lead, take your turn and respect the decisions and choices of others.

Resources Required | n/a

I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.

HWB 0-05a

Key Themes

-  Respect
-  Leadership


Wellbeing Indicator

-  Respected
-  Responsible
-  Active


Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity




-  Self-control

Initiative

-  Independent Thinking


SOCIAL INTELLIGENCE:
Connect with the world

Leading


-  Inspiring Others
-  Influence
-  Motivating Others

INNOVATION:
Create our own change

Curiosity

-  Observation

Creativity













-  Idea Generation



Nursery Lessons

It's time to meet the animals inside of your head. Yes you read it right. Animals. Inside your head.

Resources Required | n/a

<p>I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.</p> <p style="text-align: right;">HWB 0-02a</p>		
<p>Key Themes</p> <ul style="list-style-type: none">  Emotional Intelligence  Mindfulness  Wellbeing 		<p>Wellbeing Indicator</p> <ul style="list-style-type: none">  Active  Healthy  Nurtured
<p style="text-align: center;">Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none">  Attention <p>Adapting</p> <ul style="list-style-type: none">  Adaptability <p>Initiative</p> <ul style="list-style-type: none">  Courage 	<p>Communicating</p> <ul style="list-style-type: none">  Receiving Information 	<p>Curiosity</p> <ul style="list-style-type: none">  Observation <p>Sense-making</p> <ul style="list-style-type: none">  Holistic Thinking












Mirror Mirror



Nursery Lessons

When you look in the mirror what do you see? Take a long hard look in the magic mirror and see what strengths reflect back at you.

Resources Required | Arts and craft materials to make a mirror.

<p>I understand the importance of mental wellbeing and that this can be fostered and strengthened through personal coping skills and positive relationships. I know that it is not always possible to enjoy good mental health and that if this happens there is support available.</p> <p style="text-align: right;">HWB 0-06a</p>		
<p>Key Themes</p> <ul style="list-style-type: none">  Strengths  Creativity  Positivity 		<p>Wellbeing Indicator</p> <ul style="list-style-type: none">  Healthy  Responsible
<p>Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none">  Attention <p>Integrity</p> <ul style="list-style-type: none">  Self-awareness 	<p>Communicating</p> <ul style="list-style-type: none">  Listening <p>Feeling</p> <ul style="list-style-type: none">  Empathy 	<p>Creativity</p> <ul style="list-style-type: none">  Imagination <p>Critical Thinking</p> <ul style="list-style-type: none">  Judgement

One Day in the Jungle



Nursery Lessons

Big sneezes and little sneezes can all spread diseases. Explore how a sneeze blew away a whole jungle then uncover the secret of becoming a Germ Buster!

Resources Required | Wipes/Tissues. Green Glitter or green paint.

I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health.

HWB 0-15a

Key Themes

- 🌿 Hygiene
- 🌿 Wellbeing
- 🌿 Responsibility

Wellbeing Indicator

- 🌿 Healthy
- 🌿 Safe

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

- 🌿 Self-awareness

Initiative

- 🌿 Responsibility

SOCIAL INTELLIGENCE:
Connect with the world

Feeling

- 🌿 Social Conscience

Communicating

- 🌿 Receiving Information

INNOVATION:
Create our own change

Creativity

- 🌿 Idea Generation
- 🌿 Visualising

Positive Potions
















Nursery Lessons

It's time to evoke your senses and send some positive wishes to people that are important to you. Can you create a positive potion to be sprinkled along with some well wishes? Lets connect with nature and with others.

Resources Required | Container to mix potion. Approx 12 natural objects(flowers, stones, feathers etc)

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.

HWB 0-45a

Key Themes		Wellbeing Indicator	
<ul style="list-style-type: none">  Positivity  Relationships  Emotional Connections 	<ul style="list-style-type: none">  Healthy  Responsible  Respected 		
Meta Skills			
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change	
<p>Adapting</p> <ul style="list-style-type: none">  Openness <p>Initiative</p> <ul style="list-style-type: none">  Independent Thinking 	<p>Feeling</p> <ul style="list-style-type: none">  Empathy  Social Conscience <p>Leading</p> <ul style="list-style-type: none">  Inspiring Others 	<p>Creativity</p> <ul style="list-style-type: none">  Imagination  Maker Mentality 	

Sort Yourself Out



Nursery Lessons

Put your communication skills to the test and see if you can sort yourselves out!

Resources Required | n/a

I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one which values individuals equally and is a welcoming place for all.			HWB 0-10a
Key Themes		Wellbeing Indicator	
<ul style="list-style-type: none">StrengthsCommunicationTrust		<ul style="list-style-type: none">ResponsibleIncluded	
Meta Skills			
SELF-MANAGEMENT: Manage the now	SOCIAL INTELLIGENCE: Connect with the world	INNOVATION: Create our own change	
Focusing <ul style="list-style-type: none">Sorting	Communicating <ul style="list-style-type: none">Receiving InformationListeningGiving Information	Curiosity <ul style="list-style-type: none">Observation	Critical Thinking <ul style="list-style-type: none">Judgement

Superhero for a day



Nursery Lessons

Discover your real superhero strengths

Resources Required | n/a

Through contributing my views, time and talents, I play a part in bringing about positive change in my school and wider community.

HWB 0-13a

Key Themes

- Kindness
- Helping Others
- Strengths

Wellbeing Indicator

- Responsible
- Included

Meta Skills

SELF-MANAGEMENT:
Manage the now

Integrity

- Ethics

Initiative

- Self-motivation

SOCIAL INTELLIGENCE:
Connect with the world

Feeling

- Social Conscience

INNOVATION:
Create our own change

Curiosity

- Problem Recognition

Sense-making

- Opportunity Recognition

That's My Chair



Nursery Lessons




What can you do when more than one person wants the same toy, or to sit in the same place? Maybe it is time to learn about compromising.

Resources Required | n/a



I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my behaviour and the way others behave.

HWB 0-04a

Key Themes

-  Compromise
-  Friendship
-  Sharing

Wellbeing Indicator

-  Respected
-  Responsible

Meta Skills

SELF-MANAGEMENT:
Manage the now


Focusing

-  Attention

Integrity


-  Self-control

Adapting


-  Resilience

SOCIAL INTELLIGENCE:
Connect with the world

Feeling


-  Empathy

Collaborating

-  Relationship Building

INNOVATION:
Create our own change

Critical Thinking

-  Judgement

The Magic Breathing Balloon



Nursery Lessons

Breathing is awesome. When you find yourself OUT OF CONTROL and your body is going C-R-A-Z-Y... the magic breathing balloon really can help you feel much better!

Resources Required | Paper, pencils and colouring pens/pencils.

<p>I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.</p> <p style="text-align: right;">HWB 0-02a</p>		
Key Themes	Wellbeing Indicator	
<ul style="list-style-type: none"> Wellbeing Mindfulness Happiness 	<ul style="list-style-type: none"> Safe Nurtured Healthy 	
Meta Skills		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none"> Attention Filtering <p>Integrity</p> <ul style="list-style-type: none"> Self-control 	<p>Communicating</p> <ul style="list-style-type: none"> Receiving Information 	<p>Curiosity</p> <ul style="list-style-type: none"> Observation Observation <p>Creativity</p> <ul style="list-style-type: none"> Holistic Thinking <p>Creativity</p> <ul style="list-style-type: none"> Deconstruction

When I Grow Up



Nursery Lessons

What jobs would you like to do when you are older? Have a think about all the great and exciting opportunities for us all!

Resources Required | n/a

<p>I can describe some of the kinds of work that people do and I am finding out about the wider world of work.</p> <p style="text-align: right;">HWB 0-20a</p>		
<p>Key Themes</p> <ul style="list-style-type: none"> Ambition Creativity Future 	<p>Wellbeing Indicator</p> <ul style="list-style-type: none"> Achieving Respected 	
<p style="text-align: center;">Meta Skills</p>		
<p>SELF-MANAGEMENT: Manage the now</p>	<p>SOCIAL INTELLIGENCE: Connect with the world</p>	<p>INNOVATION: Create our own change</p>
<p>Focusing</p> <ul style="list-style-type: none"> Sorting Attention <p>Adapting</p> <ul style="list-style-type: none"> Openness <p>Initiative</p> <ul style="list-style-type: none"> Courage 	<p>Communicating</p> <ul style="list-style-type: none"> Giving Information Receiving Information 	<p>Creativity</p> <ul style="list-style-type: none"> Imagination Idea Generation <p>Sense-making</p> <ul style="list-style-type: none"> Opportunity Recognition



full tool kit

COMING SOON

treeof.com