



A fun digital solution to support the health & wellbeing needs of your staff & pupils!

## TREEHouse

Treehouse is an online education platform full of interactive, inspirational and confidence-boosting modules to support schools, their teachers, and pupils to be the best version of themselves, in line with the Curriculum for Excellence: Health & Wellbeing.

Designed by the team of psychologists, teachers and motivation experts at Tree of Knowledge, Treehouse offers a unique, fun and flexible way to support the mental health and wellbeing of staff and pupils, and increase motivation and creativity. Modules will include:

NURTURE      RESILIENCE      KINDNESS  
INSPIRATION      THAT "WEE PIECE OF MAGIC"  
WELLBEING      MENTAL HEALTH  
SELF CONFIDENCE      CONNECTEDNESS

Treehouse has been designed to work alongside GLOW, Microsoft Teams, and other online platforms. This simple and intuitive platform can be used within a classroom or for distanced learning, homework or extra-curricular study.

Each Treehouse subscription has over 100 modules, both pupils and staff combined. See below some ideas of the ways that Treehouse can be used.

### Primary (including nursery)

Use in classrooms  
Peer-to-peer &  
independent learning  
Use at home with parent  
Fun videos & activities  
Option to track & monitor  
individual progress

### Secondary

Use in classrooms  
Peer-to-Peer &  
independent learning  
Fun videos & activities  
View pupils progress  
Option to track & monitor  
individual progress

### Staff

Use independently  
Use on In-Service days  
Use for staff training  
Discuss topics in meetings  
Fun videos  
Interactive activities

contact [happy@treeof.com](mailto:happy@treeof.com) to find out more, and sign up at the best price.

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# TREEHOUSE FAQS



**TREEHOUSE**

## Who is Treehouse for?

Treehouse is for pupils and staff of primary schools (including nursery), secondary schools and further education establishments.

## Does it support the curriculum?

Treehouse has been designed to support schools to deliver a wide range of the Curriculum for Excellence: Health and Wellbeing Experiences and Outcomes. [Click here](#) to view the E's & O's documents for Primary and Secondary to see how Treehouse lines up against the curriculum (Scotland only currently).

## How will my staff team benefit?

Teachers continue to work tirelessly, handling new stresses, emotional pupils and parents, and uncertainty on a daily basis. There are specific modules on Treehouse, designed to support the mental health & wellbeing of teachers, and it will also give them the tools to have effective conversations with pupils around resilience and mental health.

## What themes does it cover?

Treehouse covers a range of topics, but focuses mainly on developing resilience, mental health & wellbeing, self-confidence, kindness & empathy, inspiration, motivation, creativity and nurture. It's a lot of fun, and we hope that it will help your pupils and staff rediscover that "wee bit of magic".

## How does Treehouse work?

Treehouse can be accessed from any device that has an internet connection and is capable of streaming a video (ie. smartphone, laptop, smart board in classroom). Once you sign up to Treehouse, there is a simple process to create log-ins. Your whole school will then have access to 100+ educational modules specifically designed to support the mental health, wellbeing and soft skills development of your pupils and staff. Better still, with new modules being added throughout the year, skills will just keep on developing. Modules will include a combination of video, reading and writing tasks. These can be used within lessons, set as homework, or form part of a blended learning approach.

## Can this be used in the classroom?

Yes. This has been designed with ultimate flexibility in mind. It can be beamed onto whiteboards or projected onto screens, as well as used on laptops or PCs. It can also be used for independent learning or in groups to stimulate discussion.

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# TREEHOUSE FAQs continued...



**TREEHOUSE**

## Can this be used for blended learning?

Yes. Like you, we're not sure what's going to happen over the next wee while, so this platform can be used at home, by pupils, and in the classroom.

## Does it track progress?

Yes, there is an option to track and monitor progress. We're happy to talk you through the set-up to ensure it best suits your needs.

## Once we sign up, how do we get started?

Treehouse is a simple, clean and intuitive platform. Once you're signed-up there is a step-by-step process to get your school set up. There are also how-to videos on the [Treehouse webpage](#), and we would be happy to set up a school or cluster demo to ensure that everyone is confident with using the platform.

## How much does it cost?

Treehouse costs from £499 (+VAT) for the full year for access for your entire school.

## How do I pay for it?

You can pay the annual fee online via credit or debit card, or you can provide us with a purchase order number and we'll invoice you.

## Can I book a Tour?

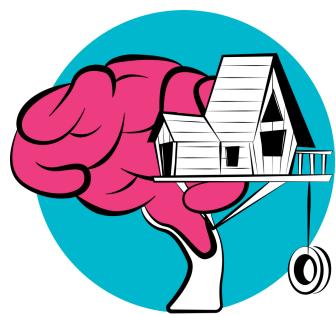
You can book one now by emailing [happy@treeof.com](mailto:happy@treeof.com) - we are now running Tours (no longer than 30 minutes) for groups or individuals via Teams or other suitable conference calling facility.

If you would like a more in-depth private tour for your school or cluster we will be happy to arrange one for you. These are more likely to take about 45 minutes.

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# How To USE TREEHOUSE



As we talk to schools, we're learning more about how TREEHOUSE will be used. We want to share ideas, to inspire you to get the most from it!

TREEHOUSE

## Classroom



Whether it's on individual screens, in small groups or projected onto a screen or board, TREEHOUSE can form parts of, or full lessons, hitting key topics from the Curriculum for Excellence: Health and Wellbeing Experiences and Outcomes. The activities can be done individually and then discussed within a group setting.

## Remote Learning



TREEHOUSE can be used for homework or can be used from home as part of a blended learning approach. This can be done with the support of parents (for Primary) or independently (for Secondary). Teachers can set the work and track the progress of each pupil if required.

## Parental involvement



The activities on TREEHOUSE actively encourage parental involvement and aim to stimulate conversation around mental health within the home as well as in the school environment. Treehouse provides opportunity for children and their parents to connect, and allows parents to see and be involved with their child's learning around mental health & wellbeing.

## Peer-to-peer



TREEHOUSE can be used as a resource to be delivered by Mental Health Ambassadors to other pupils. All of the modules include an introduction, an activity, and a discussion - they're a great resource to help pupils build confidence in delivering content and facilitating discussion.

## Independent learning



For self-isolating or vulnerable pupils, TREEHOUSE can be a lifeline and crucial support for mental health to combat loneliness. Teachers can set the work and track the progress of each pupil, plus it's a great way to start difficult conversations with pupils who may be struggling.

## Staff wellbeing



TREEHOUSE directly addresses the current need for support for staff wellbeing during this unprecedented time. Staff modules offer time for reflection, gratitude and reignite the passion. It will also help them to unpick stress and anxiety, to help them to understand and handle negative emotions. One staff member can also run sessions for other staff members.

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